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T1 - Applied Anatomy and Biomechanics in Sport. AU - Ackland, Tim. AU - Elliott, Bruce. AU - Bloomfield, J. PY - 2009. Y1 - 2009. M3 - Edited book/Anthology. SN - 9780736063388. BT - Applied Anatomy and Biomechanics in Sport. PB - Human Kinetics Publishers. CY - USA. ER -

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Biomechanics in sport incorporates a detailed analysis of sport movements in order to minimise the risk of injury and improve sports performance. Sport and exercise biomechanics encompasses the area of science concerned with the analysis of the mechanics of human movement[1]. It refers to the description, detailed analysis and assessment of human movement during sport activities[2] ...

Biomechanics In Sport—Physiopedia

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